

Muscular dystrophies in Arab countries

Fayçal Hentati, MD
National Institut of Neurology
Tunis - TUNISIA



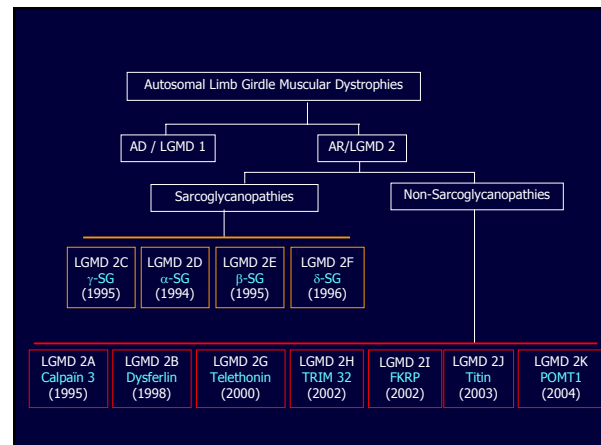
Autosomal Recessive Limb-Girdle Muscular Dystrophies [LGMD2]

- Primary and progressive muscle disorders usually affecting predominantly the pelvic and then the scapular girdle.
- Autosomal recessive inheritance.
- 11 genes identified : LGMD 2A-2K
- Pathogenic mechanism leading to muscle necrosis unknown.
- Relation between the different proteins involved remains unknown except for the sarcoglycanopathies.

Historical background

Since 19 century: families with AR DLMD reported in Europe, Japan and USA

- 1977-83 Clinical, epidemiological and muscle biopsy of Duchenne-like MD affecting both sexes and frequent in Tunisia [Ben Hamida et al]
- 1987 Cloning of the dystrophin gene: starting point of the molecular study of AR LGMDs [Kunkel et al]
- 1989-2003 α and γ -SG genes identifications on Tunisian, Lebanese and Algerian families (1992-96)
LGMD 2F - δ -SG gene identification on Brazilian families
LGMD 2B - Myosin gene identification (dysferlin) on Palestinian and Tunisian families (1995-1998)
Mapping of the gene of LGMD2I on Tunisian family (2001)



High prevalence of AR LGMD in Arab Countries

Social and cultural conditions

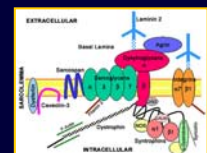
- High rate of consanguineous marriage; 36-60%
- Large sibship size: 5.3 to 7.4
- Improvement of public health indicator:
 - Decrease of infantile mortality
 - Increase of life expectancy
 - Decrease of malnutrition and infectious diseases
- Improvement of neurological expertise

Reported Muscle disorders

- Muscular Dystrophies:
- Duchenne muscular dystrophies
 - Sarcoglycanopathies.
 - Miyoshi MD, LGMD 2B
 - LGMD 2I
 - Congenital Muscular dystrophies
 - Hereditary Inclusion Body Myopathies

The Sarcoglycans

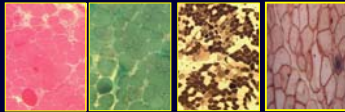
- Sarcoglycans: N-glycosylated transmembrane proteins
- Exclusively expressed in cardiac and skeletal muscle
- Form a tetrameric complex at the muscle cell plasma membrane.
⇒ stabilizes association of dystrophin with dystroglycans and contributes to the stability of the plasma membrane.
- Four sarcoglycan genes α , β , γ and δ -SG related to each other structurally and functionally.
- Four distinct genetic forms :
 - LGMD2C: γ -sarcoglycan gene (chr13q).
 - LGMD2D: α -sarcoglycan gene (chr17q).
 - LGMD2E: β -sarcoglycan gene. (chr4q).
 - LGMD2F: δ -sarcoglycan gene. (chr5q).



The Sarcoglycanopathies

Clinical phenotype

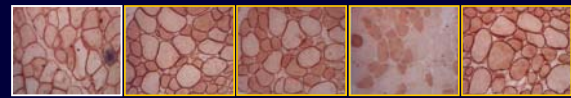
- Early-childhood onset.
- Progressive course.
- Muscle weakness and atrophy affecting pelvic followed by shoulder muscle.
- Frequent calves hypertrophy.
- Variable course between siblings with severe Duchenne-like course (wheelchair-bound before 13) to mild course (patients ambulant later than 16 years).
- High CK rate
- Dystrophic feature on muscle biopsy



Sarcoglycans expression

When 1 mutation is present in one of SG-gene :

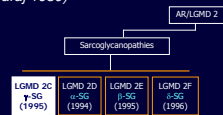
- The protein encoded by that gene is usually absent
- Secondary and variable reduction in the other SG



Sarcoglycan expressions in a γ -sarcoglycanopathy [LGMD2C]

γ - sarcoglycanopathies LGMD2C Epidemiological Data

- Rare in European population (LGMD2D > LGMD2C 8:2 ratio)
- Most frequent LGMD2 in Tunisia: 81% of sarcoglycanopathies ; 75 % of all LGMD2
- Similar prevalence than DMD in Tunisia: 1/3500 children
- Reported in:
 - Algeria (Masmoudi 1986; Azibi 1992)
 - Morocco (El Kerch 1992)
 - Egypt (Hachem 1982)
 - Saudi Arabia (Salih and Bohlga)
 - Kuwait (Faraj 1989)

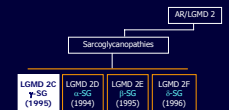


γ -sarcoglycanopathy : LGMD 2C Molecular genetic findings in Tunisia

- Linkage to chromosome 13q12
- Linkage disequilibrium with D13S232 marker.
- 1 out of 20 known mutations found in about 99% of Tunisian patients: del521-T mutation.
- The same mutation was reported in other Arab countries

→ Presence of a founder effect

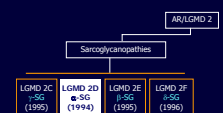
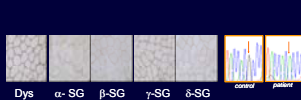
- 582insA mutation first reported in one Libyan family and found in a Tunisian family



α -Sarcoglycanopathy - LGMD 2D in Arab Countries

LGMD2D: α -sarcoglycan gene (chr17q).

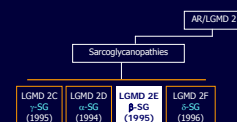
- The most frequent Sarcoglycanopathy in Europe (LGMD2D > LGMD2C 8:2)
- Rarely documented in Arab countries.
- Scarcity of publications in Arab countries populations
- Severe to mild phenotype
- 10% of families in Tunisia.
- Various mutation in Tunisian families without founder effect
- New mutation found in a Tunisian family (190G>A) out of 108 reported mutations.



β - Sarcoglycanopathy – LGMD 2E

LGMD2E: β -sarcoglycan gene. (chr4q).

- Less frequent than LGMD 2D (LGMD2D/LGMD2E=8/4) and more frequent than LGMD 2C (LGMD2D/LGMD2C=8/2) in outbred populations (26 reported mutations).
- Small families or isolated patients with widespread geographic origins.
- Reported in only one Tunisian family with homozygous missense mutation (G276T) in exon 3
- Reported in Sudan (Salih et al).
- Absence of sarcoglycan expression in muscle biopsy
- Severe phenotype



δ – sarcoglycanopathies - LGMD 2F

- The rarest sarcoglycanopathy (1/8 compared to LGMD2D)
- Majority of the patients from Brazil (severe phenotype)

Not reported in Arab countries



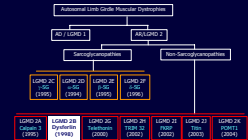
LGMD 2B/Dysferlinopathy Miyoshi Muscular Dystrophy

1987 Report of a distal muscular dystrophy in Japan.

1992 Report of one Palestinian family with mild course AR LGMD

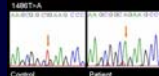
1995 Linkage of MM to chr. 2p12 in one Tunisian family (Bejaoui *et al.*)
Linkage of LGMD 2B on chr. 2p12 (Bashir *et al.*)

1998 Identification of the LGMD 2B gene (Bashir *et al.*)
and of MM (Liu *et al.*): the dysferlin gene, 55 exons
Mutations identified in Palestinian families and not yet in
Tunisian families



LGMD 2I

- Genetic form first described in Tunisian family (Driss *et al.* 2001).
- The most frequent LGMD2 in Europe
- Remains rare in Tunisia.
- Variable age of onset between 1.5 to 27 yrs
- Proximal limb muscle weakness predominantly affecting the pelvic girdle
- Variable course
- High CK rate
- Muscle biopsy: Dystrophic changes
- Linkage to chr. 19q13.3
- Gene : FKRP gene. (allelic to CMD1C).



Unresolved aspects of LGMD 2

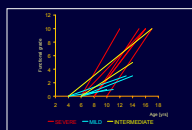
Intrafamilial phenotypic variability

Epidemiological repartition: one predominant form (LGMD 2C) and one predominant mutation del521 with founder effect.

Genetic counseling : intrafamilial genetic heterogeneity

Intrafamilial phenotypic variability

Phenotypic distribution of LGMD 2C deltaT521 patients (128 patients)



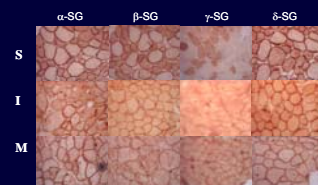
	Nb patients	Age exam.	Age onset	Age WCB
Severe	46.9% (n=62)	20.8 ± 7.2	6.1 ± 2.4	14 ± 2.1
Intermediate	28.8% (n=38)	23.8 ± 6.9	6.0 ± 2.4	17.8 ± 3.3
Mild	24.2% (n=32)	21.6 ± 9.9	6.2 ± 2.4	22.7 ± 8.5
Total	100%	21.9 ± 8.0	6.1 ± 2.4	16.3 ± 4.9



Intrafamilial phenotypic variability

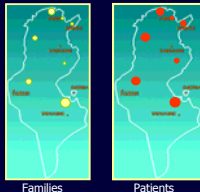
- Clinical variability between siblings is not related to:
 - Age of onset
 - Sarcoglycan expressions
 - Environmental factors: 75 % of families displayed inter-siblings variability.
- Probably related to a modifier gene controlling the severity.

Sarcoglycan subunits expression in LGMD 2C



Epidemiological repartition: one predominant form (LGMD 2C) and one predominant mutation del521 with founder effect

Distribution of del521T mutation in Arab countries



- LGMD2C: Most frequent AR LGMD in Tunisia: 81% of sarcoglycanopathies 75 % of all LGMD2
- 1 out of 20 known mutations found in about 99% of Tunisian patients: del521-T mutation



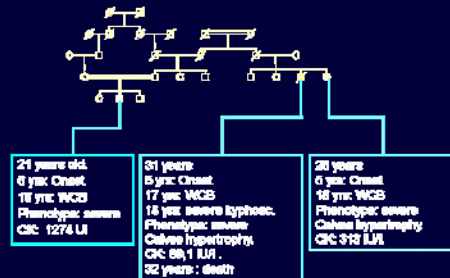
One predominant form (LGMD 2C) and one predominant mutation del521 with founder effect



- High prevalence not explainable by mutational rate \neq DMD
- Disabling disease incompatible with the presence of patient's progeny: other forms of sarcoglycanopathies remain rare despite high rate of consanguineous marriages
- Distribution correspond to Arabic flux migration
- Presence of a founder effect \neq genetic heterogeneity of other sarcoglycanopathies.
- Selective advantage of del521T in γ -SG heterozygote ?

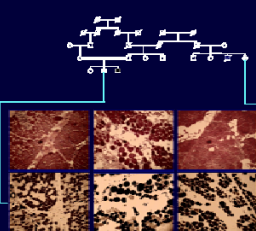
Genetic Counseling: Intrafamilial Genetic heterogeneity

Genetic Counseling: Intrafamilial Genetic heterogeneity

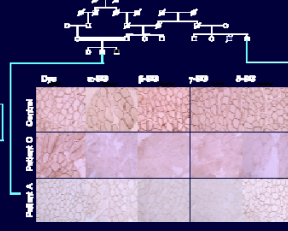


Muscle biopsy: histoenzymological staining

Muscle biopsy: immunostaining



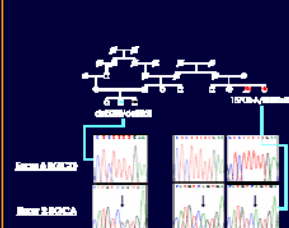
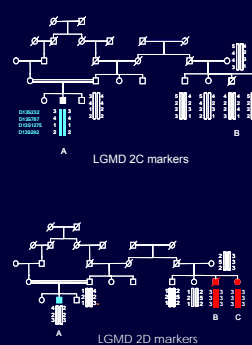
Similar dystrophic changes



Distinct sarcoglycan expressions

Genetic linkage

Mutation analysis

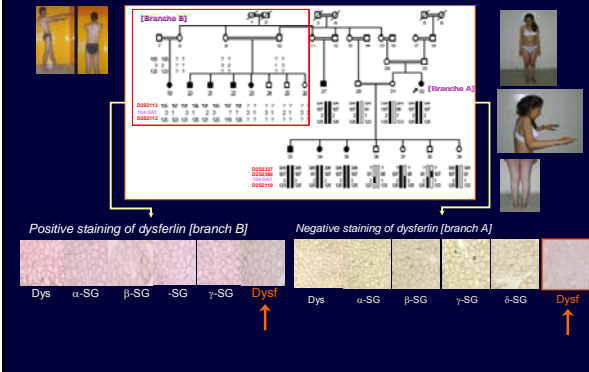


Involvement of two distinct genes defects:
LGMD 2C (homozygous del521T)
LGMD 2D (homozygous 157G>A)

Phenotypic homogeneity and genetic heterogeneity : How?

- Patients share a common ancestor
- They displayed
 - Similar severe LGMD clinical feature
 - Close dystrophic muscle biopsy findings
- There was variable muscle sarcoglycans expression
- Involvement of two distinct genes defects:
 - LGMD 2C (homozygous del525T)
 - LGMD 2D [homozygous 157G>A]

Genetic heterogeneity was not an isolated phenomenon



Phenotypic homogeneity and genetic heterogeneity : What does it mean ?

- Two comments:
 - 1. Difficulty of genetic counseling in inbreed populations :
 - Paradigm that patients from the same family sharing the same ancestor and similar phenotype carry the same genetic disorder and the same mutation no more accepted ?
 - Need to analyze all affected patients within families before giving genetic counseling .
 - 2. Significance of such association:
 - coincidental association is the most logical hypothesis
 - but does this hypothesis have statistical basis ?

Conclusion (1)

- Arab patients had contributed in the identification of a number of genetic forms of LGMD2.
- Some LGMD2 forms are frequent in Arab populations (γ SG) whereas others seem to be rare, although the high rate of consanguineous marriage.
- Large predominance of one mutation with a founder effect in the most frequent form (LGMD 2C) whereas there are various mutations (family private mutations)in rare genetic forms.

Conclusion (2)

- The basis of this epidemiological pattern remain unknown (*selective advantage?*).
- Variable phenotypes in patients sharing the same mutation is frequent and could be related to a modifier gene.
- despite the presence of one predominant mutation, the presence of genetic heterogeneity in consanguineous families complicates the genetic counseling.
- Developing a DNA diagnosis ships including all LGMD2 mutations found in Arab population may be the solution for genetic screening.